



Massive Open Online Courses (MOOC)

# Psychology at Work

About this course: We can spend up to a third of our time at work. It is fair to say work is a highly significant part of our lives. How do we find a job that suits us? How do we carry out our work in a productive way? How do we keep ourselves motivated and engaged at work? How can we effectively design work for other people? If you have been thinking about at least some of these questions, then this course is for you.

In this course, you will learn how to use psychology to understand and improve the work life of yourself and those around you. We will be looking at key topic areas in work psychology that affect people's performance and well-being at work, including: individual differences in personality and cognitive ability; motivation at work; teamwork; leadership; work design and occupational health and safety.

**COURSE START DATE: AUGUST 08, 2016**

**Register for discussions (required):**

<https://goo.gl/DRSqYs>

**Aug. 17, 24, 31 and Sept. 7, 14 (3:30 - 5:00) at the American Center,  
@170 Ngoc Khanh, Hanoi**

**3 STEPS TO JOIN OUR MOOC:**



**Register for the online course**  
[https://www.coursera.org/  
learn/work-psychology](https://www.coursera.org/learn/work-psychology)

**Facilitators: Tran Thi Thuy  
Trang, Domino English School**

**A certificate from the U.S. Embas-  
sy will be provided to students  
who completed the MOOC and  
join the facilitated discussions.**

**Free of charge, open to everyone from everywhere!!!**